

# Breast and Cervical Health

## Maine Center for Disease Control and Prevention Maine Department of Health and Human Services

- ❑ In 2010, it is estimated that 1,160 women will be newly diagnosed with breast cancer, and approximately 170 women will die from breast cancer.\*
- ❑ Annually in Maine, an average of 55 women are diagnosed with cervical cancer, and an average of 16 women die from cervical cancer.\*\*
- ❑ It is estimated that 25,976 Maine women are eligible for breast and cervical cancer screening services through the MBCHP, based on age, income, and health insurance coverage.
- ❑ If women age 50 and older obtain regular screening for breast cancer, up to 32% of breast cancer deaths could be prevented. Virtually all of cervical cancer deaths could be prevented through regular screenings.

\* American Cancer Society,  
2010 Cancer Facts and Figures

\*\* Maine Cancer Registry,  
2010 Maine Annual Cancer Report



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Maine is one of 68 states, District of Columbia, territories and tribal organizations that have received funding from the federal Centers for Disease Control and Prevention (CDC) to implement a comprehensive breast and cervical cancer early detection program. Early detection is currently the best way to combat breast and cervical cancer. The program helps low-income, uninsured and underinsured women gain access to breast and cervical cancer screening and diagnostic services.

### Program Goals:

- ❑ To reduce breast and cervical cancer morbidity and mortality through early detection, public and professional education, quality assurance and surveillance;
- ❑ To provide breast and cervical cancer screening and follow-up services to low-income Maine women;
- ❑ To provide public education to encourage all Maine women to obtain regular breast and cervical cancer screening;
- ❑ To support professional education in breast/cervical cancer control issues;
- ❑ To provide assistance and support to health professionals and health care organizations to assure the quality of services delivered;
- ❑ To implement surveillance and evaluation systems to monitor the status of the diseases and progress of the program;
- ❑ To link women diagnosed with breast or cervical cancer to the Maine Treatment Act for treatment services.

### Priority Populations:

Women age 35-64 (only symptomatic women age 35 - 39; and limited openings for women age 40 - 49) who are at or below 250% of the federal poverty level; and who have no coverage, or insufficient coverage, for breast and cervical cancer screening and diagnostic services. Special emphasis is on women who have never or rarely been screened for breast and/or cervical cancer, Native Americans, and other racial, ethnic, and cultural minorities.

### Program Activities

The program funds nearly 300 provider sites around the State for screening and diagnostic services. Primary Care sites provide clinical breast exams, pelvic exams, and Pap tests, refer women for mammography, and coordinate diagnostic services for women with abnormal screening results. Mammography facilities provide screening and diagnostic imaging services. Laboratories provide cytology and pathology services. Upon referral from a PC site, other health care professionals provide diagnostic services (i.e. colposcopy with biopsy; breast biopsy; surgical consultation, etc.). Patient navigation / case management services provided to clients with abnormal screening results to ensure appropriate and timely diagnostic services received by client. Enroll eligible women diagnosed with breast/cervical cancer or pre-cancer conditions into Maine Treatment Act for cancer treatment services.

### Funding Sources

The program is funded through a cooperative agreement with the federal Centers for Disease Control and Prevention (CDC), under the National Breast and Cervical Cancer Early Detection Program. The cooperative agreement funds are matched with funding from the State of Maine and in-kind support totaling \$1 for every \$3 (federal).

Budget: FY 2010-2011 - \$2,187,085 [83% Federal/ 17% State General Funds]

Staff Count: 12 FTEs